

Step 1: Taking Where You Are and Turning It into an Idea

Finding Where You Are

<p>Realities and Responsibilities (ex. Caring for a child or parent, mortgage payments, student loans)</p>	
<p>Things that make you happy (ex. Helping others, teaching others to embrace themselves, spending time with my family)</p>	
<p>Things that make you unhappy (ex. Being stressed about money, not having time to myself, a messy home)</p>	
<p>What Do You Want to Create? (ex. A holistic health practice encompassing massage, reflexology and aromatherapy; a place for souls to come and be coached and freed)</p>	

<p>Your ideal life looks like... (ex. Making enough money with my business to travel exotic places, owning my own home, retiring early)</p>	
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Turning It into an Idea

<p>Your Likes: What You Really Like Doing (ex. Blogging, taking photos, spending time with friends and family, helping others)</p>	
<p>Your Skills and Capabilities: What are Your Gifts? (ex. Massage, planning parties, cooking, working with people, great time management)</p>	
<p>Your Track Record: What You Have Experience Doing (ex. Balancing many things at once, learning quickly, maintaining records)</p>	
<p>Your Ideal Work Style (ex. Full time, part time, at home in your pajamas, traveling, with a lot of people at once, with few individually)</p>	

Your Mission Statement: